

Mandala Reflection Day



Saturday
5th August 2023
104 The Drive Epsom

9.30-3.30pm
\$30.00

Mandala is a Sanskrit word meaning 'circle'. The mandala is ancient and universal and is interwoven throughout history and across cultural and religious lines.



Cathryn Wiles-Pickard rsm will give some input. There will be opportunity to draw your own mandala, and a time for ritual and prayer.

*You don't have to be an artist
to engage in making your own mandala.*

To register please email: cathrynwp237@gmail.com
or ring 0211876986



Cathryn Wiles-Pickard rsm is a Sister of Mercy whose current ministry is at

Hou Mana Wai Mercy Wellsprings.

Cathryn is a trained Spiritual Director; facilitates days in teaching the understanding and practice of Christian Meditation; leads weekly Meditation Groups; facilitates Reflection Days on various themes of Spirituality, Ritual and Prayer.